



# Lancing College Lunch Menu

ADVENT TERM 2022 WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>MAIN (VEG)</b>	Thai green vegetable curry	<b>Sausage Bar</b> Vegetarian sausages	<b>El Dia De Los Muertos</b> (See separate menu)	Pre-Built BBQ jackfruit in brioche bun, Monterey Jack relish And apple slaw	Sweet potato spinach and coconut curry, basmati rice and spiced apple chutney	<b>Italian Pasta Bar</b>	<b>Brunch</b> Poached eggs with side of hollandaise
<b>MAIN (VEGAN)</b>	Thai green vegetable curry	<b>Sausage Bar</b> Vegan sausages	<b>El Dia De Los Muertos</b> (See separate menu)	Pre-Built BBQ jackfruit in brioche bun, Monterey Jack relish And apple slaw	Sweet potato, spinach and coconut curry, basmati rice and spiced apple chutney	<b>Pasta</b> Penne Tricolour fuseli Tortellini	<b>From the grill</b> Cumberland sausage, smoked bacon, beef tomato, field mushroom, vegan sausage
<b>MAIN</b>	Baked tomatoes with eggs, basil and parmesan served with crusty bread	<b>Sausage Bar</b> Butcher's pork and leek	<b>El Dia De Los Muertos</b> (See separate menu)	Texan 10-hour BBQ brisket or BBQ chicken breast BBQ sauce Ranch slaw	Jumbo battered fish finger with lemon and tartare sauce	<b>Sauces</b> Bolognese Arabiatta Mushroom ragout Napolitana	<b>Brunch Special</b> Bubble and squeak
<b>MAIN (GLUTEN FREE)</b>	Baked tomatoes with eggs, basil and parmesan	<b>Sausage Bar</b> GF sausages	<b>El Dia De Los Muertos</b> (See separate menu)	Texan 10-hour BBQ Brisket or BBQ Chicken Breast BBQ sauce Ranch slaw	Poached Cod Fillet with chorizo and butterbean cassoulet	<b>Sides</b> Homemade pesto Parmesan Shavings Garlic Focaccia	<b>Boulangerie basket</b> Danish pastries, pain au chocolate, pain au raisin, warm baguettes, cheese and marmite palmier
<b>SIDE ORDERS</b>	Jasmine rice Thai crackers Sweet chilli sauce Thai salad Garden peas	Sauté onions Creamy mash Baked beans Onion gravy Green beans	<b>El Dia De Los Muertos</b> (See separate menu)	Buttered Corn Cobs Oven Baked Sweet potato wedges	Chunky Chips Garden Peas Baked Beans	N/A	Baked beans Hash browns
<b>STREET FOOD</b>	N/A	Poke bowl	<b>El Dia De Los Muertos</b> (See separate menu)	German sausage dogs with sauerkraut mustard and pickles; knockwurst, bierwurst, bratwurst	N/A	N/A	N/A
<b>SALAD BAR</b>	Selection of freshly made seasonal salads	Selection of freshly made seasonal salads	Selection of freshly made seasonal salads	Selection of freshly made seasonal salads	Selection of freshly made seasonal salads	Selection of freshly made seasonal salads	Selection of freshly made seasonal salads
<b>DESSERTS</b>	Fresh fruit salad with cinnamon spiced syrup	Apple crumble with custard	<b>El Dia De Los Muertos</b> (See separate menu)	Texan sheet cake	Carrot cake with vanilla frosting	Tiramisu	N/A